



Localized Cryotherapy Prep

- Wear loose fitted clothing to allow your technician to adjust/remove anything covering the area to be treated.
 - Typically clothing will need to be adjusted to accommodate services on the knees, shoulders, back etc. We ask you wear loose fitted clothing that is easy to roll up or move to properly treat these areas.
- Avoid applying moisturizer, lotions, scrubs etc. on or around the area to be treated.
 - For facial services, avoid applying cosmetics to any area of the face or neck that is being treated.
- For facial services, long hair (typically any length that passes the chin) should be tied back.
 - Long hair can interfere with treatment, so we ask it be tied back prior to service.
- Please arrive 10-15 minutes prior to your session.
 - We ask our customers to arrive 10-15 minutes early to fill out consent waivers and have any questions they have about their session, answered.
 - For services that will be performed on or near any recent surgical sites or sites that contain any metal in the body, please discuss this with your Cryo technician prior to service. You should contact your primary care doctor prior to service to discuss if services on this area are right for you.

*Results may vary. No results guaranteed. All sales are final with no refunds offered.